

Solution to problem S613

Solve the equation

$$2(\sin x + \cos x) + \sec x + \csc x = 4\sqrt{2}$$

Proof Evidently $x \neq k\pi$, $x \neq \pi/2 + k\pi$, $k \in \mathbb{Z}$. The equation is

$$2\sqrt{2} \left[\frac{1}{\sqrt{2}} \sin x + \frac{1}{\sqrt{2}} \cos x \right] + \frac{\sqrt{2}}{\sin x \cos x} \left[\frac{1}{\sqrt{2}} \sin x + \frac{1}{\sqrt{2}} \cos x \right] = 4\sqrt{2}$$

$$\iff 2 \sin\left(x + \frac{\pi}{4}\right) + \frac{\sin\left(x + \frac{\pi}{4}\right)}{\sin x \cos x} = 4$$

$$\iff \sin\left(x + \frac{\pi}{4}\right)(1 + \sin(2x)) = 2 \sin(2x) \quad \underbrace{\iff}_{y=x+\pi/4} \sin y = \frac{-2 \cos(2y)}{2 \sin^2 y}$$

$$\iff \sin^3 y - 2 \sin^2 y + 1 = (\sin y - 1)(\sin^2 y - \sin y - 1) = 0$$

$$\sin y = 1 \iff y = \frac{\pi}{2} + 2k\pi \implies x = \frac{\pi}{4} + 2k\pi$$

$$\sin^2 y - \sin y - 1 = 0 \iff \sin y = \frac{1 \pm \sqrt{5}}{2} \implies \sin y = \frac{1 - \sqrt{5}}{2}$$

$$y = \arcsin \frac{1 - \sqrt{5}}{2}, \quad y = \pi - \arcsin \frac{1 - \sqrt{5}}{2}$$

hence

$$x = -\arcsin \frac{\sqrt{5} - 1}{2} - \frac{\pi}{4}, \quad x = \frac{3\pi}{4} + \arcsin \frac{\sqrt{5} - 1}{2}$$

Thus we have

$$x_1 = \frac{\pi}{4} + 2k, \quad x_2 = \frac{3\pi}{4} + \arcsin \frac{\sqrt{5} - 1}{2} + 2k\pi, \quad x_3 = \frac{\pi}{2} - x_2$$